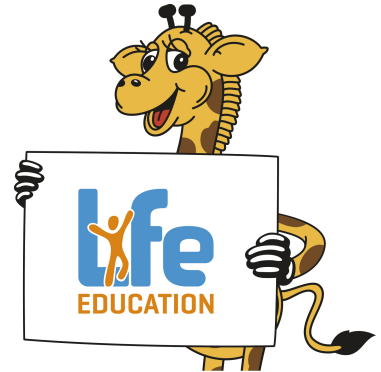


ROPES CROSSING
PUBLIC SCHOOL
Est 2008

Tuesday, 02 April 2024

Life Education NSW



Dear Parents and Carers,

Life Education NSW will be visiting Ropes Crossing Public School early in Term 2, with lessons to be delivered covering key content of the NSW Personal Development, Health and Physical Education curriculum, relevant to students' age and stage of development. Classes will engage in lessons in the Life Education Van on an allocated day between Week 1 Tuesday, 30 April 2024 and Week 3 Monday, 13 May 2024.

This learning experience forms part of the NSW PDHPE lessons for Term 2. There is **no cost** for students to participate, this is being covered by the School for 2024.

An outline of the programs available to different year groups are noted below, the timetable for lessons is attached:

<u>Year</u>	<u>Lesson</u>	<u>Lesson Outline</u>
K	'My Body Matters'	This module focuses on things children can do to keep themselves healthy including: the importance of personal hygiene, choosing foods for a healthy balanced diet, benefits of physical activity and sleep, and ways to keep safe at home, school and in the community
Stage 1 (Year 1 & 2)	'Safety Rules'	In this module, students investigate how to protect themselves in unsafe environments and seek help. They also learn about the people and services that keep us safe and how to identify and respond in emergency situations.
Stage 2 (Year 3 & 4)	'Friends and Feelings'	In this module students learn by engaging with comic book-style videos. The lesson revolves around a conflict between old friends, Boots and Red. When Red runs off, upset, Boots starts to feel sick in her stomach.
Stage 3 (Year 5 & 6)	'Respect, Relate, Connect'	In this module, students investigate the importance of respectful relationships, including face to face and online connections. They explore how the physical and personal changes at this stage of life will impact their behaviour, emotions and relationships. They also learn to recognise, react and report disrespectful, unsafe and predatory behaviour online.

If you wish for your child to participate in the Life Education lessons, please complete the permission slip below and return to the school office before your child's class allocated day.

Yours sincerely,

Ms Roney
Rel. Deputy Principal

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Please complete the reply slip and return to the school office

Life Education Visits

I give permission for my child _____ of class _____ to participate in a lesson run by Life Education NSW on their class's allocated day between Tuesday, 30 April 2024 and Monday, 13 May 2024. I understand that my child will be supervised by Ropes Crossing Public School staff while participating in the lessons. This activity has the approval of the Principal.

Special needs of my child: _____
(Medical/Health Conditions)

Signed: _____
(Parent/Carer)

Date: ____ / ____ / 2024

Healthy Harold Timetable

Week 1	Monday 29/4/24	Tuesday 30/4/24	Wednesday 1/5/24	Thursday 2/5/24	Friday 3/5/24
9 – 10.30		3G Miss Gordon	3J Mrs Brett / Mr Isaia	4P Mrs Piec	5A Mrs Ahmed
11-12.30		3D Mr Samuel	3/4O Mrs O'Keefe	4M Mrs Pomeroy	5C Mrs Craig
1.10 – 2.40		3S Miss Galea/ Mrs Singh	4L Mrs Lisson	5P Mr Piec	5M Mr Magill

Week 2	Monday 6/5/24	Tuesday 7/5/24	Week 2	Wednesday 8/5/24	Thursday 9/5/24	Friday 10/5/24
9 – 10.30	4E Mrs Hampton / Miss Errey	6B Mrs Baulman	9 – 10.00	1W Miss Wombey	2C Mrs Croxen	KM Mrs Manuel / Mrs Pender
11-12.30	6M Mrs Boughton	6D Miss Diamante	10.00 – 11	1M Mrs Wombey / Miss Vassallo	2F Miss Fornari	KE Miss Endean
1.10 – 2.40	6C Mr Cettolin	12.30 – 1.30 1T Miss Tanti	11.30 - 12.30	1L Mrs Lewis / Mrs Douglas	2A Miss Lindsay	KC Mrs Curry
			12-30 - 1.30	1/2P Miss Poole	2O Mrs O'Keefe	2M Miss Mati

Week 3	Monday 13/5/24	Tuesday 14/5/24			
9 – 10.00	KN Miss Novak				
10.00 - 11.00	KW Mrs Willmot				
11.30 – 12.30	KG Mrs Garnon				