

just for kids



Safety Awareness Program

CPR HELP is an exciting & rewarding Safety Awareness program that is aimed to educate young children from Year 3 - Year 6 with basic techniques for First Aid and CPR.

The children will gain knowledge of the **DRSABCD** Management procedures (**D**anger, **R**esponse, **S**end for Help, **A**irway, **B**reathing, **C**PR and **D**efibrillator).

Children will be involved in making the emergency phone call "000", answering questions asked by an operator and discussions of the importance of knowing their personal details/location.

Children will learn step by step techniques of the Recovery Position.

(Knowing how to put someone into the recovery position is a potential life saver)

Children will experience hands on techniques using manikins that will involve compressions and breathing.

"It's better to know it and not need it, then need it and not know it"

This will be a rewarding experience not to be missed. The program is conducted during school hours for approximately 1hr 30mins at a small cost of **\$15.00 per child**. All children will receive a special participation award. A timetable for each class' scheduled lesson can be found on the back of this note.

Students are encouraged to wear shorts or long pants on the day of their CPR Help lesson.



Please return the completed reply slip along with your chosen method of payment to the school office prior to your child's scheduled lesson.



Permission Form

Student's Name: _____ Class: _____

Parent Signature: _____ Date: ____ / ____ / 2018

If your child has any medical condition that could affect the involvement of participation eg: Allergies, Asthma, Heart Condition, Epilepsy, Diabetes, please advise.

Condition: _____ Precaution: _____

I have enclosed **\$15.00** payment for participation in the program.

OR

I have made an online payment of **\$15.00** on: ____ / ____ / 2018. My receipt number is: _____

CPR Help Timetable

Week 4, Term 4

	Monday, 5 November	Tuesday, 6 November	Wednesday, 7 November	Thursday, 8 November
9:00am – 10:30am	3P	4S	No sessions	4A
11:00am – 12:30pm	3R	4L		5B
1:15pm – 2:45pm	3F	3-4K		5M

Week 6, Term 4

	Wednesday, 21 November
9:00am – 10:30am	5-6H
11:00am – 12:30pm	6C
1:15pm – 2:45pm	6P