



Life Education NSW

Dear Parents and Carers,

Life Education NSW will be visiting Ropes Crossing Public School early in Term 1, with lessons to be delivered covering key content of the NSW Personal Development, Health and Physical Education curriculum, relevant to students' age and stage of development. Classes will engage in lessons in the Life Education Van on an allocated day between Monday, 4 February 2019 and Wednesday, 20 February 2019. The Life Education Van will be located onsite at the school for this timeframe. Please refer to the attached note outlining the schedule for classes to attend the Life Education Van

An outline of the programs available to different year groups are noted below.

Year Group	Lesson Title	Lesson Outline
Kindergarten	'Harold's Friend Ship'	How to build friendships, care for others, recognising feelings and emotions, safe and unsafe situations and early warning signs, safe places and people to turn to for help.
Stage 1	'Ready, Steady, Go'	Benefits of physical activity and a healthy diet, safety strategies in different environment, how our body reacts in new situations (Year 1).
	'Growing Good Friends'	Exploring how positive relationships contribute to health and wellbeing, exploring what health messages mean, identifying safety signs and learning how nutrition and physical activity contribute to a healthy lifestyle. (Year 2)
Stage 2	'BCyberwise'	Responsible and respectful use of technology, building positive relationships with friends, keeping personal information safe online, strategies to deal with bullying and cyber bullying
Stage 3	'Relate, Respect, Connect'	Understanding how to respect ourselves and others, identifying characteristics of positive relationships, strategies to maintain positive offline and online relationships, strategies to respond to safe or disrespectful situations online or offline, the importance of relationships to our own and others' wellbeing.

The cost of participation in Life Education lessons is \$10.00 per child.

If you wish for your child to participate in the Life Education lessons, please complete the reply slip below and return it in a clearly labelled envelope with your child's name, class, activity and amount paid, to the school office **at least one day prior to your child's class' scheduled lesson.**

Yours sincerely,

Mr Bragg
Deputy Principal

Please return the complete reply slip along with your chosen method of payment to the school office
one day prior to your child's class' scheduled lesson

Life Education Visits

I give permission for my child _____ of class _____ to participate in a lesson run by Life Education NSW on their class's allocated day between Monday, 4 February 2019 and Wednesday, 20 February 2019. I understand that my child will be supervised by Ropes Crossing Public School staff while participating in the lessons. This activity has the approved of the Principal.

I have enclosed **\$10.00** payment for participation in the program.

OR

I have made an online payment of **\$10.00** on: ____/____/2019. My receipt number is: _____

Signed: _____
(Parent/Carer)

Date: ____/____/2019



Life Education NSW

Dear Parents and Carers,

The Life Education Van will be visiting Ropes Crossing Public School in Weeks 2, 3 and 4 of this term, conducting Personal Development and Health lessons for students from Kindergarten to Year 6.

Classes have been allocated specific days to attend their Life Education lessons, which for your information are noted as follows;

Monday, 4 February	Tuesday, 5 February	Wednesday, 6 February	Thursday, 7 February	Friday, 7 February
5-6 C, 6A, 6P	5E, 5B, 5M	4S, 4W, 4K	4L, 3B, 3J	3P, 3F, 3R
Monday, 11 February	Tuesday, 12 February	Wednesday, 13 February	Thursday, 14 February	Friday, 15 February
2K, 2S, 2F	1-2D, 1E	1F, 1B	1S, 1R	2H, 1G, 2M
Monday, 18 February	Tuesday, 19 February	Wednesday, 20 February		
KT, KD, KS	KC, KA	KP, KG		

If you wish for your child to participate in the lesson with their class, please ensure that the reply slip is returned along with your chosen method of payment to the school office **at least one day prior to your child's class' scheduled lesson.**

If your child is not participating in Life Education, they will be supervised by another teacher for the allocated time of their class's Life Education visit.

We look forward to hosting the Life Education Van at our school over the next three weeks and providing this unique and valuable learning experience to our students.

Yours sincerely,

Mr Bragg
Deputy Principa